

International Student Welcome Guide

2022-2023

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SOCIAL NETWORKS





@ C E T T _ U B

@ C E T T _ U B





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BARCELONA
cett@cett.cat
https://www.cett.es/en/



1. ABOUT BARCELONA



Barcelona is the capital of Catalonia which is one of the **the most touristic regions of Spain**. Around 19,05 million tourists visit Barcelona every year, according source from IDESCAT.

Official languages are Catalan, Spanish and Aranese (in the Aran Valley);

There are 9 **World Heritage Sites** in Barcelona such as Parc Güell, Sagrada Familia or Palau de la Música Catalana.

The FC Barcelona's stadium, Camp Nou, is the third largest in the world. Barcelona is a global, **Cosmopolitan city** because of its importance in finance, media, entertainment, art, international trade and tourism.

14% of **Barcelona's population** comes from outside of Spain, a proportion which has tripled since 2001.

INTERESTING WEB SITES:

<u>Turismo de Barcelona</u> <u>Turismo de Cataluña</u>

2. CONTACTS



At **CETT-UB Future Student Guidance Department** we look forward to welcoming you and helping you have a great time in our city.

For any questions, doubts, further info and suggestions, please, feel free to contact us!

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Phone: (+34) 934 280 777

Office: CETT - UB. Avinguda Can Marcet, 36-38,

08035 Barcelona. 4th Floor.

Emergency Numbers

General emergency number	112		
Ambulance	061		
Police (Mossos d'Esquadra)	088		
Municipal Police of Barcelona			
(Guàrdia Urbana)	092		
Fire Department	080		

If there is a problem with your **credit card** and you need to block your card, call one of these numbers:

American Express	900 994426
MasterCard	300 371231
Visa	900 991124

For any other information on telephone numbers you can contact the city's general information center: 010



3. DOCUMENTS AND HEALTH

DON'T FORGET YOUR
PASSPORT/ID! IT IS A GOOD IDEA
TO MAKE COPIES OF ALL YOUR
IMPORTANT DOCUMENTS
(PASSPORT/ID, VISAS AND
HEALTH INSURANCE) AND STORE
THEM ELECTRONICALLY IN A
CLOUD, SUCH AS GOOGLE DRIVE.

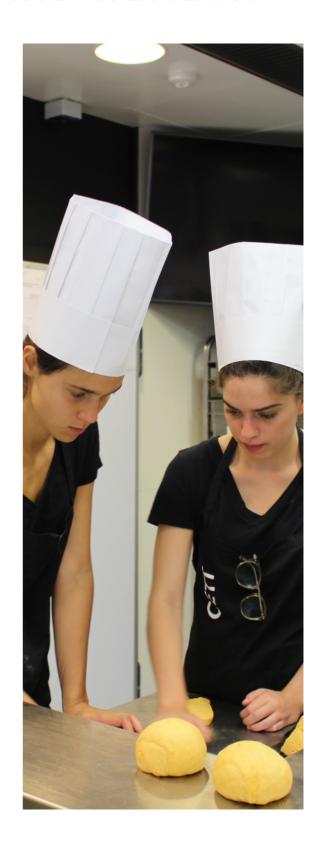
CETT-UB is taking all the necessary sanitary measures to guarantee a good-quality and safe education. In addition, we remind you that it is MANDATORY to contract an International Medical Insurance. In case of illness, you should review your health insurance coverage. It is highly advisable to carry your policy number and emergency insurance contact information with you at all times.

Hospitals and Clinics near our campus:

- Sagrada Familia Clinic (private hospital that has translators most of the time)
- Quirónsalud Barcelona Hospital (private hospital)
- Vall D'Hebron Hospital (public hospital close to CETT)
- Centre d'Atenció Primària San Rafael (Public healthcare center close to CETT)
- CAP Vallcarca Sant Gervasi (Public healthcare center close to CETT)

For more information, check the offical Barcelona Health Center web site.

In addition, the accident insurance provided by CETT-UB covers accidents which may take place at our facilities.





4. STUDY VISA

NON EU-countries: students are required to obtain a student visa before leaving their country, through the nearest <u>Spanish embassy or consulate</u>. **EU-countries:** No Student visa is required. Valid Passport/European ID More information **here**

If you are staying more than 6 months, you have to apply for your TIE

4.1 APPLYING FOR YOUR TIE

IMPORTANT: You must begin this process within the first 30 days of your stay in the Schengen Area (which consists of the following countries: Austria, Belgium, Denmark, Finland, France, Germany, Iceland, Italy, Greece, Luxembourg, Netherlands, Norway, Portugal, Spain and Sweden).

You must request an appointment online as soon as possible <u>via this</u> link.

- Printed confirmation (screenshot) of your appointment-online
- Completed Ex-17 form
- Completed 790 form. You can download it via https://sede.policia.gob.es/Tasa790-012/ImpresoRellenar
- Original letter of acceptance from the university CETT-UB
- Empadronamiento (city hall registration) see below for instructions
- 3 passport-sized color photos
- Original passport
- Photocopies of the following passport pages: Page where your photo/personal data appears, page where your visa appears, page where the entry stamp of the Schengen country you arrive in
- A copy of your medical insurance coverage
- 15.76€ (exact amount)
- Original VISA with temporary TIE number





4.2 APPLYING FOR EMPADRONAMIENTO

- Acquire a letter from your place of residence verifying you live there
- Take this letter and your original passport + visa to one of the OAC offices (Oficines d'Atenció al Ciutadà). We recommend going to the office early in the morning to avoid long lines
- See full instructions here <u>under the "Register" tab</u> and ask for an appointment via the following link: https://seuelectronica.ajuntament.barcelona.cat/APPS/portaltramits/formulari/ptbcitaprevia/T128/init/ca/PTCIU.html

After applying for your TIE, the police department will then give you your temporary TIE number. Do not lose this slip. You will pick up your TIE one month after presenting the aforementioned documentation at the police department indicated on the temporary TIE slip. In order to pick up your card you must present the payment receipt and temporary TIE number.







5. WEATHER IN BARCELONA

Temp. in Celsius	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	Year
Average high	13,4	14,6	15,9	17,6	20,5	24,2	27,5	28,0	25,5	21,5	17,0	14,3	20,0
Daily mean	8,9	10,0	11,3	13,1	16,3	20,0	23,1	23,7	21,1	17,1	12,6	10,0	15,6
Average low	4.4	5.3	6.7	8.5	12.0	15,7	18.6	19.3	16.7	12.6	8.1	5.7	11,1

LUGGAGE

Your hand luggage should contain:

- Identity papers (tickets, booking reservations, etc.)
- Visa Papers
- Cash
- Tourist guide
- Cell Phone and electronic devices with their respective chargers
- This booklet with important addresses and numbers
- Personal medicines
- Face mask

In your luggage

- Suitable clothing for the appropriate time of the year
- Comfortable shoes
- Products for personal hygiene
- Umbrella and raincoat
- Beach towel
- Photocopy of your indentity documents
- Oulet adapter, if applicable
- Convertor (230 V), if applicable
- First-aid kit

(Remember that it is compulsory in Spain to wear one in some places)



Spring weather is mild but unpredictable. There are hot days as well as cool and rainy days. Raincoat and umbrella may be necessary some days.



In summer, the weather is hot and humid in Barcelona. Bring lightweight linen or cotton clothing and T-shirts. The sun can hit hard, so make sure to be preapared for days at the beach.



The temperature starts to get cooler, but you can still enjoy sunny and warm weather. We recommend wearing winter clothes such as sweaters, but you may also need shorts and T-shirts for warmer days.



In winter, weather is generally cool and sometimes cold and windy, but there are still sunny and mild days. Make sure to bring winter clothing. and an umbrella for the rainny days.





6. FINANCIAL INFORMATION

The currency used in Spain is the EURO (€). You can manage your personal finance in different ways. This is a non-exhaustive list of options but it is up to you:

Using your credit card/debit card to withdraw cash from automatic cashiers (ATM)

Many banks offer a cash card that works both as a credit card and a debit withdrawal card. Bear in mind that some banks need a previous note from the account owner to authorize international transactions, so that the card can be used in Spain (or other country) without any problems. Be aware of possible charged commissions for withdrawing money from some banks.

Alternatively, you can open an account and get a card in a Spanish bank, but keep in mind that the procedures to open an account may be difficult to complete.

2. Bringing cash in Euros and/or foreign currency

Make sure to bring enough cash with you to cover some of the initial expenses (such as a transportation, meals, accommodation...) until you can withdraw Euros at an ATM or change money at the bank.

Bank opening hours

Banks are usually open from Monday to Friday, varying from 08:00 - 8:30 and close between 14:00 - 14:30. Mind that all the banks are closed in the afternoon and at the weekend.



SOME PRICE SAMPLES (BARCELONA CENTER)

Latte coffee Metro Ticket	1,50 / 2€ 2,40€
Metro Ticket (T-Casual, 10 journey	rs) 11,35€
Lunch	8 / 15€
Ice Cream	3€
Dinner	15 / 25€
Beer (bar)	2,50 / 3€
Long drink	6 / 10€
Movie Theater	8 / 10€





7. GETTING FROM THE AIPORT TO BARCELONA

There are several ways to get to the center of Barcelona or the Ágora Residence from the Airport:

- **1. Taxi:** You will easily find taxis everywhere outside of Terminal 1 and 2. Depending on traffic, the ride to the city-center takes around 30 minutes. There is an extra fee for a ride on Sunday or during night time. During normal business hours, the average fee is 35-40€. One of the numbers to call a taxi is: (+34) 93 113 19 20. More Info here.
- **2. Metro:** The metro runs every day from 5am to 12am, except on Fridays it runs until 2am and on Saturdays it is open all night. See all the fares in the following <u>page</u>.
- **3. Aerobus:** The Aerobús offers a fast connection to the city center. The buses leave every 10 to 15 minutes from both terminals to Plaça Catalunya. (It costs 5,90€). Info
- **4. Bus:** Other options are Bus n° 46 or night buses, which are good options to go from the Airport to Plaça Catalunya, in the center of Barcelona. The cost is only 2,40€ but is much slower and not as convenient as the other options.
- **5. Train:** Trains are scheduled to leave for the city center each half hour, going from 5:42 until 23:38. Travelers who arrive at the airport's Terminal 1 must take a free shuttle bus to get to the train station which is located close to Terminal 2.



How to get to the ÁGORA RESIDENCE?
Passeig dels Castanyers, 21 08035 Barcelona - Tel: +34.93.166.90.00













Follow the directions to catch the bus or train

Go to the Station or stop at Plaça Catalunya or Passeig de Gràcia Go in the direction of Trinitat Nova and get off at the stop MUNDET.

When leaving the station, walk a few minutes towards ÁGORA

In order to use public transport, you must get a ticket or pass, in the next section you will know which is the best ticket for you.



8. PUBLIC TRANSPORTATION

THE METROPOLITAN FARE ALLOWS YOU TO USE INTEGRATED ONE-ZONE TICKETS FOR JOURNEYS ON PUBLIC TRANSPORT BETWEEN THE 36 MUNICIPALITIES THAT MAKE UP THE BARCELONA METROPOLITAN AREA (AMB), DEPENDING ON THE ZONE YOU TRAVEL TO/FROM THERE ARE DIFFERENT FARES. THE ENTIRE MUNICIPALITY OF BARCELONA IS **ZONE 1**

Types of public transport





































Integrated transport tickets

SINGLE TICKET

TMB ticket is valid for **one journey** on the metro (except for metro stations Aeroport Tl and Aeroport T2 on line L9 Sud), bus or the Montjuïc funicular. It is an individual **non-integrated ticket.**

AIRPORT TICKET

A non-integrated individual metro ticket for **one journey between Aeroport** T1 and Aeroport T2 stations on line L9 Sud and the rest of the metro network.

T-CASUAL

Individual travel card valid for **10 intermodal journeys**. It can't be used twice, by different people, in the same moment. In the case of one-zone cards, passengers have 75 minutes between the first and last validation when changing lines or mode of transport. Not valid for Aeroport Tl and Aeroport T2 metro stations on line L9 Sud.

T-USUAL

An individual non-transferable travel card valid for an **unlimited number of journeys in 30 consecutive days** from the first validation. Tusual cards must be used in conjunction with any official ID document. Valid for Aeroport T1 and Aeroport T2 metro stations on line L9 Sud.

T-JOVE (YOUNG PERSON'S TICKET)

A personalised travel card valid for an unlimited number of journeys in 90 consecutive days from the first validation for under 25s providing proof of age by means of a valid national ID document, foreigner ID document (NIE) or passport. Valid for Aeroport T1 and Aeroport T2 metro stations on line L9 Sud.

PRICE: 2.40 €

PRICE: 5,15 €

PRICE: 11,35 €

> PRICE: 40 €

> PRICE: 80 €





9. ÀGORA BCN

Have a look at our student residence in Barcelona, located within walking distance from campus. Visit the <u>residence's web site</u>

Agora offers a wide range of facilities and services such as:

- Spacious and luminous rooms with private bathroom, air conditioning, heating, study table, wardrobe, Internet connection cable and TV antenna.
- Cleaning, change of towels and sheets once a week; all provided by the residence.
- Study rooms with natural light to study and work in teams (with computers and printers).
- Multipurpose room with table football, ping-pong, pool and TV room where guests can relax, chat with friends or read.
- A fitness room to work out, as well as a sports field (soccer, basketball, badminton, volleyball);

ÀGORA BCN is smoke-free. No smoking is allowed throughout the building including the bedrooms. You can only smoke in the outer parts of the building (terrace and gardens).

The residence **is open 24 hours** per day. Every resident has their own key to access their room.

If you would like to receive more information about Agora, do not hesitate to contact us. You have also received information about prices and registration by email.



10. BUDDY PROGRAM

To ensure that all international students have a full Barcelona experience, CETT-UB developed the "Buddy Program" for all international mobility students.

Buddies are students just like you. You'll be in touch with your local buddy prior to arrival and will be your first familiar face on campus when you arrive.

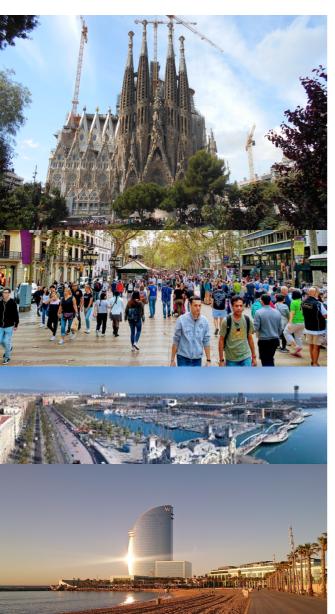
Your buddy will help you learn the ropes around campus and the city, get to know resources, meet other students, learn about local culture and languages, and much more.







11. TOURIST ATTRACTIONS



TOURIST OFFICE

Telephone: (+34) 93 285 38 34

Plaça Catalunya, 17

Monday to Sunday: 8:30h a 20:30h

SAGRADA FAMILIA

The original "Cathedral of the twentieth century" by Antonio Gaudí, is the emblem of the city and the most visited monument. Its construction began in 1882 and is expected to be completed in 2026, 144 years later.

LA RAMBLA

It is a long boulevard which connects the Columbus (Colón in Spanish) Monument at the old harbor (Port Vell) with Plaça Catalunya. There are plenty of street artists.

PORT VELL

Just behind the Columbus Monument the Port Vell (Old Harbor) begins. Here you can find the Maremagnum Shopping Centre, a modern leisure zone with bars, restaurants, shopping arcades and the Barcelona Aquarium. It is also a really nice place to go for a walk.

BARCELONETA AND PORT OLIMPIC

From the Port Vell you can walk along the seafront towards the old fishermen district: Barceloneta. Nowadays it offers a wide range of fish restaurants and cosy bars. It has a nice beach, which was created as part of the city's pre- Olympics regeneration.

MONTJUIC AND LA FONT MAGICA

From the Montjuïc Mountain, which housed the 1992 Olympic Games, you will have some of the most stunning views over the city. Furthermore, two important museums, the Museu Nacional d'Art de Catalunya and the Fundació Joan Miró, are located in this area. You can't miss the Magic Fountain Lights Show!



11. TOURIST ATTRACTIONS

PASSEIG DE GRACIA

This street is world-famous for its modernist buildings, such as Casa Amatller, Lleó Morero or Fuster. But mainly for two buildings made by Antonio Gaudí: Casa Batlló and Casa Milà.

BARRI GOTIC

The Gothic Quarter, east of the Ramblas, is made up of medieval buildings that date back to the XIV and XV centuries. The main tourist attraction is the magnificent Gothic-style Cathedral, the Town Hall and the Palau de la Generalitat (seat of the Catalan Government) in Plaça Sant Jaume, and Plaça del Rei.

TIBIDABO

If you are looking for strong emotions and a spectacular panoramic view of the city, take the "Cuca de Llum" that will take you to the top of the mountain and to the amusement park that is located there.

PARK GÜELL

This immense park was declared a World Heritage Site by UNESCO in 1984, and is another great work by Gaudí. We can learn more about him in his House Museum which is located within the park enclosure.

CAMP NOU

Camp Nou has been the stadium of FC Barcelona since 1957 when it opened. With a capacity of 99,354 people, it is currently the largest stadium in all of Europe and has the most visited museum in Barcelona.







11. TOURIST ATTRACTIONS

WEEKEND EXCURSIONS



GIRONA

Walk along the famous historic center of the city with all its hidden courtyards and the impressive cathedral. Have a coffee at one of the café on the river bank.

FIGUERES

The birthplace of the artist Salvador Dalí. This place attracts many visitors throughout the year. The Teatre- Museu Dalí has captivating exterior architecture and the largest and most diverse collection of works by Salvador Dalí





MONTSERRAT MOUNTAIN AND IT MONASTERY

Montserrat Mountain is famous for its incredible and unusual rock formations. It is the most important and significant mountain in all of Catalonia. It houses the statue of the Virgin of Montserrat and to the oldest publishing house in the world still operating, where the first book published was in 1499.

COSTA BRAVA

Costa Brava is the Northern coastline area of Catalonia. It is known for its rocky and paradisiac small beaches called "Cales" where you can swim and dive. You may also want to practise snorkel as many fish live in these areas. You can visit villages such as Begur, Palamós, Roses, Cadaqués...





SITGES

Sitges is the kind of city that has something to offer to everyone. It attracts young people and adults, couples and singles, families and groups of friends and the LGBTQ+ collective. It is distinguished by its beaches, which are lively, clean and a classic blue Mediterranean color.



12. LOCAL CUISINE



It is based on the ingredients found along the Mediterranean coast such as fresh vegetables (tomato, garlic, egg plant, bell pepper, etc.) wheat, mushrooms, olive oil, wines, all sorts of pork preparations, variations of cheese, poultry, lamb and many types of fish.

- The famous **Tapas**
- Catalan-style cod (with raisins and pine nuts)
- Escalivada (grilled vegetables with olive oil)
- **Escudella** (a stew, it may be served as a soup with pasta filled with minced meats and vegetables, or first the soup and then the rest)
- Esqueixada or "Esgarrat" (salted cod salad with tomato and onion)
- Mongetes amb botifarra (beans and pork sausage)
- Pa amb tomaquet (bread smeared with an olive oil and tomato sauce)
- Suquet de peix (a seafood casserole)
- **Embotits**, a generic name for different kinds of cured pork meat, including Fuet (a characteristic type of dried sausage) and Salchichón or Llonganissa (salami).
- Calçots (specially cultivated onions, grilled and served with romesco sauce)
- Coca de forner (pastry)
- Crema Catalana